

TENTATIVE SCHEDULE: JOHN JACOBS INVITATIONAL

FRIDAY - SATURDAY, APRIL 21-22, 2017

The hammer throw will take place on Friday at 5:00PM. The main portion of the meet will begin at 10:30am on Saturday with the women's javelin. Other field events, as well as the running events, will begin at noon as detailed below. In field events with multiple flights, the lower seeded section will compete first followed by the higher seeded section. Running events with multiple heats will proceed fastest to slowest.

FIELD EVENTS

Time	Event	Gender
5:00 PM (Friday)	Hammer Throw	Women (Men to Follow)
10:00 AM	Javelin Throw	Women
11:30 AM	Pole Vault	Women
12:00 PM	Javelin Throw	Men
12:00 PM	Long Jump	Women
12:00 PM	High Jump	Women
12:20 PM	Long Jump	Men
1:00 PM	Discus Throw	Women
1:00 PM	Shot Put	Men
2:00 PM	Pole Vault	Men
2:30 PM	High Jump	Men
2:45 PM	Triple Jump	Women / Men (2 pits)
2:45 PM	Discus Throw	Men
3:00 PM	Shot Put	Women

RUNNING EVENTS

Time	Event	Gender
7:30 PM (Friday)	Invitational 1500	Women
7:40 PM (Friday)	Invitational 1500	Men
7:50 PM (Friday)	5000 Meter Run	Women
8:05 PM (Friday)	5000 Meter Run	Men
12:45 PM	4 X 100 Meter Relay	Women
12:50 PM	4 X 100 Meter Relay	Men
12:55 PM	1500 Meters	Women
1:05 PM	1500 Meters	Men
1:15 PM	100 Meter Hurdles	Women
1:25 PM	110 Meter Hurdles	Men
1:35 PM	400 Meter Dash	Women
1:40 PM	400 Meter Dash	Men
1:50 PM	100 Meter Dash	Women
1:55 PM	100 Meter Dash	Men
2:00 PM	Kids Run	
2:05 PM	SENIOR RECOGNITION	
2:35 PM	Championship Team Recognition	'60, '61, '62 Teams
2:45 PM	800 Meters Run	Women
2:55 PM	800 Meters Run	Men
3:05 PM	400 Meter Hurdles	Women



3:10 PM	400 Meter Hurdles	Men
3:20 PM	200 Meter Dash	Women
3:30 PM	200 Meter Dash	Men
3:40 PM	3000 Meter Steeplechase	Women
3:55 PM	3000 Meter Steeplechase	Men
4:05 PM	4 X 400m Relay	Women
4:15 PM	4 X 400m Relay	Men

