

OKLAHOMA ATHLETIC TRAINING CLINIC FOR BASIC AND ADVANCED ATHLETIC MEDICINE STUDIES JULY 11-13, 2018

INTRODUCTION

Athletic Medicine continues as one of the fastest growing disciplines of health care, and today there is a sincere interest in sports medicine and sports injuries. Do not pass up this opportunity to receive the latest and most up to date approach to care, prevention and rehabilitation of athletic injuries.

Plan now to attend the 2018 **Oklahoma Athletic Training Clinic**. This is our 34th year in conducting this Clinic as thousands of high school students from across the country have enjoyed and benefited from the Clinic's professional staff.

Many of our students have had the privilege to go to major universities as student athletic trainers and become a professional in athletic training or a related sports medicine or health care profession.

You will have the opportunity to develop skills in evaluation and treatment of common athletic injuries through lectures and demonstrations in one of the nation's finest athletic health care facilities. Ample time will be devoted to development of practical taping skills.

The **Basic** level is for students who have had very little experience and have never attended our Clinic.

The **Advanced** level is designed for those students who have attended our Clinic previously or who have had previous experience as a student athletic trainer and hope to broaden their skill set and knowledge base. High School Coaches and/or Faculty members are classified as "Advanced".

SELECTED TOPICS

- Head and Neck Injury
- Abdominal Injury
- Heat Illness
- Practical Taping Skills
- Emergency Management
- Nutrition
- Muscle Injury
- Practical Simulations
- Ankle Injury
- Shoulder Injury
- Knee Injury
- Rehabilitation
- Elbow Injury
- Hand Injury
- Evaluation and Treatment
- Athletic Training Career Options

WHERE

All sessions will take place in the University of Oklahoma Athletics facilities. Housing and meals will be provided on campus.

HOUSING (for Boarders)

All participants will be housed in an air-conditioned residence hall on the main campus. Two students will be assigned per room. Boarders must provide their own linens, light blanket, single bed sheets, pillow, and towel.

MEALS

Meals will be served in Couch Restaurants. The fee for commuters includes two meals per day (lunch and dinner).

ARRIVAL/DEPARTURE INFORMATION

Participant check-in is at Couch Center residence hall, between 12:30 and 2:00pm on Wednesday, July 11th; a map is available at <http://www.ou.edu/home/beta/map/index.html>. Departure will be 11:00am, Friday, July 13th. Boarders will check out from the dorm. Please make arrangement to have your camper met and picked-up at that time.

REGISTRATION ENROLLMENT INFORMATION

Oklahoma Athletic Training Clinics are open to all. You must pre-register by completing the registration page in this brochure. The full fee of \$275 for commuters or \$300 for boarders must accompany your registration. Your registration will be acknowledged via e-mail. **If you are unable to attend, your full fee will be refunded upon receipt of prior written request for refund. No refunds will be accommodated as of July 11th, 2018!**

To register, complete the registration page in the brochure and enclose a check for the registration fee, payable to **OKLAHOMA ATHLETIC TRAINING CLINIC LLC**. Attach the check to the form and mail to: Oklahoma Athletic Training Clinic, 180 W. Brooks Street, Norman, OK 73019. Mail early! Deadline for registration is July 11, 2018. **Anyone that might register late must call in advance, so we can prepare for your arrival.**





OKLAHOMA ATHLETIC TRAINING CLINIC FACULTY

SCOTT ANDERSON, ATC

Head Athletic Trainer, University of Oklahoma

Scott was a student athletic trainer at the University of Oklahoma under legendary Sooner Head Athletic Trainer Ken Rawlinson. From 1980 to 1987, he was Assistant Athletic Trainer at the University of Oklahoma. Scott served as the Head Athletic Trainer at Tulane University in New Orleans, LA, from 1987 to 1996, when he accepted the offer to return to the University of Oklahoma as Head Athletic Trainer. Scott is President of the College Athletic Trainers' Society and a member of the OATA Hall of Fame.

ALEX BROWN, ATC

Athletic Trainer, University of Oklahoma

Alex, a graduate of Appalachian State University, joined the staff at the University of Oklahoma after 7 years as Head Athletic Trainer at East Central University. Alex was a member of the U.S. Olympic Medical Staff at the 1991 Pan Am Games in Cuba and Athletic Trainer for the 1993 U.S.A. Basketball 22-and-under World Championships in Spain. He worked with the 1994 World Cup Soccer Team during a trip to Trinidad and Jamaica. Alex is a past President of the Oklahoma Athletic Trainers' Association and a member of the OATA Hall of Fame.

JIM HILLIS, ATC, RPT

Coordinator of Rehabilitation, University of Oklahoma

A Registered Physical Therapist and Certified Athletic Trainer, Jim commenced his tenure with the University of Oklahoma in June 2000. Jim obtained his physical therapy degree from the University of Oklahoma. He has worked with athletes in USA Basketball, Pan American Games, the United States Olympic Center, College, and High School. A past President, Vice President, and Secretary of the Oklahoma Athletic Trainers' Association, Jim is a member of the OATA Hall of Fame.

ROBERT FULTON, ATC

Athletic Trainer, University of Oklahoma

Robert worked as a student athletic trainer at West Texas A&M University from 1998 until 2000, while earning a bachelor's degree in Sports and Exercise Science. He obtained a master's degree in Sports Management in 2004 from the University of Oklahoma. Robert provides primary medical care for Baseball.

JENNIFER RICHARDSON, ATC

Athletic Trainer, University of Oklahoma

Originally from Hamburg, New York, Jennifer began her career by earning her bachelor's degree in athletic training from West Virginia University followed by a Master of Arts degree in Health Studies/Sports Medicine Health Care from The University of Alabama. From Alabama, she was an athletic trainer for St. Mary's College of California. In 2002, Jennifer moved to Athens, GA where she spent the next 4 years at the University of Georgia, highlighted by the 2005 and 2006 National Championship Women's Gymnastics teams. In 2006, Jennifer joined the Sooners as Assistant Athletic Trainer with primary medical care for Women's Gymnastics.

CHRIS WATSON ATC

Athletic Trainer, University of Oklahoma

Chris Watson, a native of Oklahoma City, attended Sterling College. Chris then completed a sports medicine internship with Auburn University football. After the internship Chris worked for McBride Clinic, Inc. in Oklahoma City as a clinical athletic trainer followed by a graduate assistantship for the University of Oklahoma. Chris provides primary medical care for OU's Wrestling team.

BRITTANI MERRICK ATC

Athletic Trainer, University of Oklahoma

Brittani received her bachelor's degree in Athletic Training from Oklahoma State University and her master's degree from the

University of Oklahoma. Brittani provides primary medical care to Women's Basketball, having previously served as athletic trainer for Softball and Soccer. Brittani was athletic trainer for the 2013 Softball National Champions.

GEOFF LAU DPT

Physical Therapist, University of Oklahoma

Geoff attended the University of Oklahoma, earning his Bachelor of Science in Zoology. He later completed his Doctor of Physical Therapy degree at the University of Oklahoma Health Sciences Center. Geoff practiced sports medicine and orthopedic rehabilitation in a private practice facility as he continued to work in OU's Athletic Medicine with various sports while involved in his Sports Medicine Residency with Evidence in Motion, and in attaining Board Certified Sports Clinical Specialist. Geoff serves as a rehabilitation specialist with dedicated responsibility to Track & Field.

MICHAEL BRONSON ATC

Athletic Trainer, University of Oklahoma

Michael attended the University of Central Oklahoma earning a bachelor's degree in Physical Education/Health and a master's in special education. After graduation Michael worked in a physical therapy clinic before spending 6 years at Westmoore High School as the Athletic Trainer. Michael moved back to the private sector as an athletic trainer at 5 Star Physical Therapy before coming to the University of Oklahoma providing primary medical care for Rowing.

LUKE SPITZ ATC

Athletic Trainer, University of Oklahoma

Luke graduated from the University of Kansas, earning a bachelor's Degree in Athletic Training. He then attended to University of Illinois earning a master's Degree in Sport Management. Luke provides primary medical care to Track & Field.

ANDI PIGEON ATC

Athletic Trainer, University of Oklahoma

A Wisconsin Native, Andi received her bachelor's from the University of Wisconsin-Green Bay where she played Women's Softball and interned as an athletic training student. Andi earned her master's in Athletic Training at Weber State University. After graduation, Andi promoted to assistant athletic trainer and strength coach with Weber State's women's soccer, softball and football programs. At Weber State, Andi was a clinical instructor for the athletic training education program, director of the nutrition fueling station, and oversaw the strength and conditioning internship program. Pigeon holds certifications through the Board of Certification (ATC), National Strength and Conditioning Association (CSCS), and USA-W.

JENNA ALLOCCO ATC

Athletic Trainer, University of Oklahoma

The New York City native, Jenna earned her bachelor's degree in athletic training from Western Carolina University Honors College. Jenna is completing a Master of Public Health from the University of Nebraska Medical Center where she served two seasons as a graduate assistant athletic trainer with University of Nebraska men's gymnastics. An undergraduate clinical internship with the Air Force Academy men's gymnastics program introduced her to gymnastics and has since served as a springboard for Future Stars clinics at the Olympic Training Center, the Kellogg's Olympic Tour in Omaha, and her current appointment as athletic trainer for men's gymnastics at OU.

FOR ADDITIONAL INFORMATION, CONTACT:

SCOTT ANDERSON, ATC

e-mail: sanderson@ou.edu

EMERGENCY CONTACT DURING THE CLINIC:

SCOTT ANDERSON, ATC

(405) 249-590





OKLAHOMA ATHLETIC TRAINING CLINICS FOR BASIC AND ADVANCED STUDIES

JULY 11-13, 2018



Registration

OKLAHOMA ATHLETIC TRAINING CLINIC LLC
180 WEST BROOKS, NORMAN, OK 73019
FAX: (405) 325-8388

- I wish to enroll for the Oklahoma Athletic Training Clinic as a:
- Commuter \$280 fee (includes two meals per day, lunch and dinner)
 - Boarder \$310 fee (includes room and three meals per day)

PLEASE MAKE ALL CHECKS PAYABLE TO:
Oklahoma Athletic Training Clinic LLC

Name _____
Last First

Address _____
Street City State Zip

Telephone _____ Date of Birth _____ School Affiliation _____

Have you played a high school varsity sport? _____ Have you won an athletic letter since entering 9th grade? _____

What is your grade level for Fall 2018? _____

e-mail address _____ Male Female Beginner Advanced Coach/Faculty

Allergies _____ Medications _____ Chronic Illness _____

Registration deadline is July 11, 2018 Roommate preference _____
Registration confirmation will be sent via e-mail (We cannot guarantee roommate selection)

RELEASE FOR THE UNIVERSITY OF OKLAHOMA & OKLAHOMA ATHLETIC TRAINING CLINIC LLC, following, MUST accompany registration!

THE OKLAHOMA ATHLETIC TRAINING CLINIC LLC IS NOT AFFILIATED WITH THE UNIVERSITY OF OKLAHOMA

RELEASE FOR THE UNIVERSITY OF OKLAHOMA & OKLAHOMA ATHLETIC TRAINING CLINIC LLC

On this ___ day of _____, 20___, I certify that I am the Legal Representative of _____, (Minor's Name) hereinafter ("Minor"), of _____, _____, and I have full authority to and do give permission for Minor to participate in Oklahoma Athletic Training Clinic, hereinafter ("the Event"), to be held at the University of Oklahoma ("the University").¹

University and Event Rules. I acknowledge that I have read the University's rules stated herein or as otherwise advised at the time of the Event, and as published on the University's websites, www.judicial.ou.edu and www.ou.edu/home/misc.html, and understand and agree to abide by all University and Event rules and policies. Failure to comply with these rules or any other rule established by the Event may result in Minor's immediate removal from the Event. I waive any claim for refund or any other contract right upon removal. I certify that I have read and understand the Event rules and have explained said rules to Minor. I understand and agree to notify the Event supervisor Scott Anderson at 405-249-5907 immediately of any injuries Minor sustains as a result of the Event and of any inappropriate behavior Minor experiences related to the Event. I also understand and agree that if any issues of sexual misconduct, harassment or assault occur, I will immediately report those to both the Event supervisor Scott Anderson at 405-249-5907 and the University's Sexual Misconduct Officer at 405-325-2215 or www.ou.edu/home/misc.html.
Initials: _____

Talent Release. I understand that the University often produces promotional material relating to its programs. I understand that as a participant at the Event, Minor may be included in videotapes or photographs taken during the Event. Therefore, without reservation or limitations, I, in my own behalf and on behalf of the Minor, hereby assign, transfer and grant to The University of Oklahoma, its successors, assignees, licensees, sponsors, any television networks, and all other commercial exhibitors the exclusive right to photograph and/or videotape the Minor and to utilize such videotapes and photographs and Minor's name, face likeness, voice and appearance as a part of the Event, in advertising and promoting the Event or in advertising and promoting similar future events at no charge. **Initials:** _____

Medical Authorization. As parent and/or legal guardian of Minor, I hereby give consent and authorize said Event, the University and its agents, representatives and employees to secure emergency medical treatment for Minor while Minor is in attendance at the Event held at the University and that I am responsible for any and all costs associated with the transportation and treatment. I certify that if my child has any special medical considerations, including food or other allergies, I have communicated those in writing to the Event supervisor. **Initials:** _____

Transportation. I certify and agree that I am to pick-up and drop-off Minor only at the designated places and times. Should I fail to timely pick-up Minor at the designated area, I understand he/she will be taken to the assigned residence hall for pick-up. Failure to timely pick-up Minor may result in his/her immediate withdrawal from the Event. **Initials:** _____

Release and Waiver. I, for and on behalf of Minor, myself, my and Minor's personal representatives, heirs, assigns and next-of-kin, hereby release, waive, forever discharge, indemnify and covenant not to sue Oklahoma Athletic Training Clinic LLC and/or the Board of Regents of the University of Oklahoma, its officers, members, employees, volunteers, agents and representatives for any and all loss, damages, claim, demand, action or right of action, arising from or by reason of any injury resulting or to result from participation in the Event. I, for and on behalf of Minor, myself, my and Minor's personal representatives, heirs, assigns and next-of-kin, agree to hold harmless, defend and indemnify, for any and all loss, damages, claim, demand, action or right of action, arising from or by reason of any injury resulting or to result from participation in the Event. This contains the entire agreement between the parties hereto and all terms are contractual and not a mere recital. I further state that Minor and I have each carefully read the foregoing Release and Acknowledgement as his/her own free and voluntary act. I am at least eighteen years of age and sign this Release and Waiver voluntarily.

_____/_____
Parent/Guardian Printed Name Relationship Signature Date

Address of Parent and/or Legal Guardian:

City _____ State _____ Zip _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email address: _____

Emergency Contact other than parent or guardian if they cannot be reached:

Contact _____

Phone _____

Any questions regarding this form should be directed to the Clinic Director, Scott Anderson at 405-249-5907.

¹ Notwithstanding any other provision of this Release, the parties acknowledge that Oklahoma Athletic Training Clinic LLC is not owned, operated or sponsored by the University of Oklahoma.